

# Outdoor Adventures in H2O

## Camp Q&A

### What are the camp's dates and times?

Camp will run Monday June 15 through Friday, June 19, 2009. Camp will begin each day at 9:00 a.m. and conclude at 4:00 p.m.

### Where will camp be held?

The camp's home base will be Randolph Elementary School, 1024 S 37<sup>th</sup> Street, in Lincoln. Each day we will travel to a different outdoor, water-rich location. Monday we will travel to Schram State Park and the Aksarben Aquarium near Louisville, Tuesday will be spent at Holmes Lake in Lincoln, on Wednesday we will visit Spring Creek Prairie Audubon Center just outside of Denton, and Thursday we will tour Branched Oak Farm located near Raymond. Friday we will go to Pfizer Inc. in the morning for a fishing clinic and spend the remainder of the day back at Randolph. Visit

[www.groundwater.org/kc/adventuresinh2o.html](http://www.groundwater.org/kc/adventuresinh2o.html) to download the most recent camp schedule.

### Who are the camp teachers?

Groundwater Foundation staff members Jamie Oltman ([joltman@groundwater.org](mailto:joltman@groundwater.org)) and Jennifer Wemhoff ([jwemhoff@groundwater.org](mailto:jwemhoff@groundwater.org)) will lead the camp. Other Foundation staffers and volunteers will assist with camp activities.

### Where should campers be dropped off and picked up?

On Monday, Wednesday, Thursday and Friday, campers can be dropped off at Randolph Elementary School, 1024 South 37<sup>th</sup> St, Lincoln, NE at 9:00 AM and picked up at 4:00 p.m.

**Please note:** On Tuesday, campers are to be dropped off at 9:00 a.m. in Holmes Park (Normal Blvd and South 70<sup>th</sup> St) in the first parking lot off Normal Blvd (this is the paved parking lot closest to the dam). Likewise, pick up your child on Tuesday at 4:00 at the same parking lot in Holmes.

### What if campers need to arrive late or leave early?

Campers should be dropped off at 9:00 and picked up at 4:00 each day at Randolph Elementary School EXCEPT on Tuesday, June 16. On Tuesday, drop off and pick up at Holmes Park.

If a camper will be late or needs to leave early, parents are welcome to meet us at the site we are visiting that day (parents please refer to the schedule for details). Generally, we will depart Randolph around 9:30 am and return by 3:30 pm. Please inform teachers of any schedule changes.

### What should campers wear?

Since we will be spending most of our time outdoors, please be sure campers are dressed appropriately.

- Clothing: wear clothes that can get wet and dirty. We recommend light-weight fabrics that dry quickly (swim trunks and/or athletic apparel). Be sure to dress appropriately for the weather, as we will be outside the majority of the day.
- Shoes: shoes need to strap securely to your feet and provide good toe and sole protection. Examples include tennis shoes/sneakers and strap-on sandals. No flip flops, slides or clog style shoes - they fall off feet too easily and become very slippery when wet. Students can bring two pairs of shoes every day if they would like - one to keep dry and one to get wet and muddy.
- Wear sunscreen and insect repellent everyday.
- We also recommend that campers bring a hat and/or sunglasses for extra protection.

### What should campers bring along?

Please remember campers will be responsible for all gear and supplies they bring to camp. We cannot be responsible for lost, stolen, or damaged items.

- Bring a sack lunch every day. Refrigerators and microwaves will NOT be available; so please plan accordingly.
- A refillable water bottle, marked with the student's name.
- Shoes that can get wet and muddy.
- Sunscreen and insect repellent.
- A hat and/or sunglasses.
- A towel is optional, but can come in handy.
- We *strongly encourage* campers to leave iPods and other MP3 players, electronic games, and other electronics at home.
- We also encourage campers to leave cell phones at home. However, we realize some may need to bring them along. Please keep in mind the nature of our camp and that we will be in or around water everyday. We cannot be responsible for lost, stolen, or damaged items.
- If campers would like to bring a camera that is great but again please keep in mind the nature of our camp and that we will be in or around water everyday. Disposable 35mm or waterproof cameras are recommended.

**What if campers forget to bring their gear to camp?**

Healthy snacks, sunscreen, insect repellent, and bottled water will be provided to any camper who requests it. Simply ask a camp counselor or camp assistant.

**What if the weather is bad (Rainy, too hot, etc)?**

Rain or shine, the adventure will go on! Campers should remember to bring their water bottled and dress appropriately. If there is severe weather precautions will be taken and the schedule may be adjusted.

**What if a camper gets sick or hurt during the camp?**

The safety of all campers is of primary concern for Groundwater Foundation and Bright Lights staff. Camp counselors will carry emergency contact information for each child enrolled in the camp with them at all times. In addition, camp staff is American Red Cross First-Aid/CPR certified and will be in constant contact with the Bright Lights home base at Randolph Elementary.

**Save the Date - June 19, 2009:**

Families are invited to come learn about our week of adventures on Friday, June 19th at 3:00 p.m. at Randolph.

**What if I have other questions or concerns?**

Contact Jamie Oltman or Jennifer Wemhoff at The Groundwater Foundation (402-434-2740) for questions relating to camp. For questions relating to registration or other Bright Lights courses, contact Bright Lights (402-420-1115).

**Sponsored by:**

Thanks to the US Environmental Protection Agency Region 7 and Sam's Club/Wal-Mart Nebraska State Giving Program for support in sponsoring this class.